



Elementary News

We want to do your will, O God, and we believe that you will give us the strength to do it.

*Help us to listen to you well.
We ask this in Jesus' name.*

Amen.

Thank you to all who participated in the fall fundraiser. As always, donations are gratefully accepted in lieu of participating! Volunteers will be needed on Pick Up Day to help unload the truck, sort boxes and assist with pick up. Please contact the school office if you can help. An email and a note will be sent home once the pick up date is confirmed.

Looking ahead—The students in Grades 1-5 will be taking the Iowa Assessments (formerly ITBS) beginning the week of November 6th. It is always important that the students are well rested for school, but it is especially so when we are doing testing. Please make sure that your child gets adequate sleep that week and the next so that he/she is alert and able to do his/her best on the assessments.

Mark Your Calendars: Book Fair will be held October 30th—November 2nd. More details inside the newsletter.

October, 2017

St. Albert Elementary

400 Gleason Ave.
Co. Bluffs, IA 51503
323-3703

www.saintalbertschools.org

BMX Show will be held on Mon., Oct. 2 9:00 HS Gym. This is the fundraiser reward rescheduled from last year's snow day.

Elementary & MS/HS Conferences will be held on Tuesday, Wednesday, and Thursday, Oct. 17th, 18th & 19th. Please contact your child's teacher if you did not sign up for a conference time.

**No School on Friday, Oct. 20th.
Kidz Kare is closed that day.**

Mission Statement

Saint Albert Catholic Schools, in partnership with our local parishes, will inspire our students to fulfill their spiritual, academic, moral, and physical potential by following the teachings of the Catholic Church.

A note from the principal:

I want to officially welcome all of you to the 2017-2018 school year! The teachers have been busy planning lessons and guiding students in their studies.

The staff and I are looking forward to a productive partnership with you to ensure that the children can achieve their highest potential. We recognize that in order to be successful in school, our children need support from both home and school. We know a strong partnership with you will make a big difference in your child's education. As partners, we share the responsibility for our children's success and want you to know that we will do our best to carry out our responsibilities. We ask that you guide and support your child's learning by ensuring that he/she:

- 1) Attends school daily and arrives on time, ready for the day's learning experiences.
- 2) Completes all homework assignments given by teachers.
- 3) Reads daily to develop a love of reading and to improve literacy skills.
- 4) Shares school experiences with you so that you are aware of his/her school life
- 5) Informs you if he/she needs additional support in any area of subject
- 6) Knows that you expect him/her to succeed in school.

On Friday mornings the community is invited to say the rosary and attend our weekly Mass. Rosary begins at 8:15 in the elementary chapel and Mass at 8:45 in the elementary gym unless otherwise noted on the calendar. The experience of praying and worshipping together is a gift that I believe you will treasure. I know that I do.

The dedicated Saint Albert staff and I feel privileged to be part of this school family. We have been entrusted with a most important and beautiful task-to educate your children. We ask the Holy Spirit to guide us all in this mission.

Anne Jensen

It is almost time once again for our annual Fall Elementary Book Fair! The dates of the Book Fair this year will be October 30th—November 2nd. We will be open during school hours, immediately after school, and evening hours on Thursday, Nov. 2nd. Please call or text Maureen Garrigan at 402-250-8827 or email her at jonandmoe@yahoo.com to volunteer to work the Book Fair. Let's encourage reading and support our only source of funding for the library.

News From the P.E. World

We are off to a great start in P. E. The students are learning how to work as a team by playing some crazy running games. Good sportsmanship is also being stressed at each grade level. The next unit we will be covering will be volleyball.

Music News

Concert dates have been set for this school year. Please mark your calendar and plan to attend!

3rd Grade—Monday, November 6th 2:00 p.m.

K-5 Christmas Concert—Sunday, December 10th 4:00 p.m.

2nd Grade—Friday, February 23rd 2:00 p.m.

1st Grade—Friday, April 13th 2:00 p.m.

4th & 5th Grade Concert—Tuesday, May 8th 7:00 p.m.

Kindergarten—Friday, May 18th 2:00 p.m.

Counseling Corner

Second Step

The Saint Albert Elementary Counseling program has adopted a new curriculum for weekly Guidance classes. All classrooms from Pre-K4 to Fifth grade will receive the Second Step social-emotional learning curriculum this year.

The topics to be covered in October are:

- Preschool: Self talk; following directions; asking for what you want or need; Halloween safety.
- Kindergarten: Self-talk for staying on task; being assertive; intro to feelings; Halloween safety.
- First grade: Being assertive; identifying feelings; similarities and differences; Halloween safety.
- Second grade: Being assertive; identifying feelings; feeling confident; respecting different preferences.
- Third grade: Planning to learn; identifying others' feelings; understanding perspectives; conflicting feelings.
- Fourth grade: Complex feelings; understanding different perspectives; conversation and compliments; joining in.
- Fifth grade: Predicting feelings; taking others' perspectives; accepting differences, disagreeing respectfully.

The Second Step program includes a series of Home Links to help parents reinforce the skills their students are learning. All students will bring home those links throughout the year. Students in preschool through third grade are not responsible for returning completed Home Link papers to school. Fourth- and fifth-grade students may return their completed and signed Home Links for an incentive that has been discussed in class.

Ready, Set, Know

Ready, Set, Know will present at school for PreK-4 through third grade on October 10-12.

Requests:

Small (3-4 oz) scented candles in jars.

Koosh ball

Faculty Wellness Challenge

This year, the elementary faculty is taking part in a wellness challenge. Staff members can earn points by accomplishing tasks that target physical, spiritual, mental, and social wellness. We believe that a happy, healthy staff is better able to educate and inspire our students.

Thank you to the following businesses and groups for their contributions of incentive prizes to the Faculty Wellness Challenge: Saint Albert Spirit Store, Stay Sweet Nicola's, Barley's, Mad Ox Bakery, and Midwest Sporting Goods.

If you are interested in contributing an incentive prize toward the Faculty Wellness Challenge, please contact Miss Baldwin at baldwina@saintalbertschools.org, or by calling her at school (712-323-3703 ext 122).

Thank You!!!

Ms. Edler, our new music teacher, would like to thank all of the staff, students and families for being so welcoming. "I am very happy to be at St. Albert!"

Mrs. O'Neil would like to thank all of the families who donated items from the "Things We Need" wall. There are a few items left if anyone is still interested.

Thank you from Mrs. Johnson to Alexa Marshall, Odin Orth, Emmett Reikofski, Charlie Wilderman, Donna Barry, and Rio Hammitt for the classroom donations.

Ms H (Hutcheson) would like to thank the following students and their families for the donations to the classroom: Lucy Bengford, McKenzie Button, Ellianna Cihacek, Natalie Crawford, Otto Elsea, Logan Lindley, Caroline Reineke, McKenna Scott, Jacksen Shomshor, and Stone Wiederin. Thank you to Lucy's mom for a fun 'Read-n-Feed'. Thank you to the Shomshor family for donating pumpkins to the class!

The kindergarten teachers would like to thank everyone who joined them for Curriculum Night! They hope that you found it helpful and informative.

Thank you from Mrs. Burgan to the Applegate, Markel, Rossbund, McGill, Clark, and Kirilin families for the classroom donations.

Thank you from Ms. Ball to the Pellett, Bentzinger, Turner, McGrath, Coughlin, Clark, Hughes, Darrington, and Larmie families for their donations to the classroom. Thank you to Mary Ann Bragg and Donna Barry for the classroom donations . Thank you to Karen Jares for reading with the first graders, and thank you to the McAlpine family for coming to 'Read and Feed'.

Thank you from Mrs. Rallis to Mary Ann Bragg, Sarah & Nick Clark, Ben Thompson, Nancy Kilbride, Walter Cady, Stella Simms, Lyla Kohlhaas, and Joel Sherrill for the classroom donations.

Mrs. Epperson would like to thank the following families for donating items to the classroom: Cihacek, Boswell, Kirilin, Delgado, Lewis, King, and Yrkoski.

Thank you from Mrs. Avalos to Kinley Banks, Connor McGrath, Rowan Jackson, Jefte Delgado, Patrick McGill, Eve Hoy, Benn Christensen, Rio Hammitt, and Will Ratcliff for the donations to the classroom.

Mrs. Stevens and Ms. Assmann would like to thank all of the families that donated items from the Giving Tree this year. A "Big Thanks" goes out to Jayne Applegate, Christine Bohnet, Karen Hander, Susan Kiley, Nichole Markel, Jennifer Salvo, Mary Christensen, Lyndsay Daley, Nicole Juranek, Erin Lenz, Corrie Ryan, and Alyssa Kohler for helping make student flashcards!

Mrs. McColloch and Mrs. Gorman would like to thank all of the families who made donations to their classrooms.

Thank you from Mrs. Marshall to Summer Stidham and Jensen Shomshor for bringing in classroom supplies. Thank you to Jeremiah Sherrill, Ariaiah Shaw-Caldwell, and Dakota Pierson for the Back to School

Thank You!!! (continued)

goodies. Thank you Jeremy Boswell and Mary Pierson for being guest readers and bringing treats.

Ms. Schnitker would like to thank Joan VonTersch for the donation of books to the library. She's also like to thank the Stidham family for the donation of books.

Thank you to the Horvath family from Kidz Kare for the donations.

The Sheryl K. Johnson Child Care Center would like to thank Donna Barry for plastic bags and the other donation! Thank you also to Tom & Sara Moore for the large toy and furniture donation!

Thank you to Rita Hughes for the snacks for the faculty & staff!

Classroom Activities

The 3 year old Preschool students have spent their first month learning the routines and meeting new friends. They have talked about families, apples, body parts, Nursery Rhymes, and the colors red and blue. Please stop by and look at our Fabulous Family Graph. We would love a variety of pumpkins to examine in October—any size, color, shape.

Learning the name, sound, and formation for each letter of the alphabet will be a big focus this year in PreK 4. So far, the students have learned the letters A,B, and C. They have been working on recognizing their first names in print and writing their first names. Learning the eleven basic colors and sorting objects by color, shape, and size are the skills they are currently working on in math. The religion lessons have taught them that they are friends of Jesus. Apples have lent themselves to helping the students learn the parts of an apple, learn about healthy snacks and Johnny Appleseed.

Kindergarteners have been busy working on uppercase and lowercase letters and numbers 1-10. They have been reading about the Creation Story and Noah's Ark in religion. The students have also been focusing on apples in preparation for their field trip to the apple orchard. Kindergarteners are now able to identify American symbols and can find Iowa on a map!

The first graders have been very busy learning new routines and reconnecting with old friends. In math, they have been practicing addition and subtraction skills, and in social studies they have learned about rules, laws, and the marketplace. In religion, the first graders worked together to make creation puzzles after they reviewed the Creation Story. It has been a fun month!

Classroom Activities continued

The second graders have been learning about different landforms and bodies of water in social studies. They have begun learning different ways to write numbers to help them understand the values of the digits. In religion they have been learning that all choices have consequences. They continue to work on learning 2nd grade rules and procedures.

The 3rd graders have been very busy learning many new things. They love using their Chrome-books for Reflex Math, Accelerated Math, Keyboarding, and Google Classroom links. They have learned several letters in cursive. In religion, they have been learning about the Ten Commandments. The focus in social studies has been map skills, and in science the students have been discussing eclipses and the phases of the moon.

In social studies, the fourth graders are beginning to look at regions in the U.S. The Beatitudes and how they relate to our lives is the religion focus. The students are working on strategies for addition and subtraction of larger numbers in math. Using the "My Plate" guidelines, the 4th grade science students created menus to give to the SA Chef.

The fifth graders have been learning about body systems in science. In religion, the students are learning the prayers and mysteries of the rosary. The fifth graders learned about the five themes of geography in social studies. In language arts, the students learned about idioms, comparison, contrast, complete subjects, and complete predicates.

In art, the students spent the first weeks of school learning and reviewing the 7 Elements of Art: line, shape, color, texture, form, value, and space. All grades have created art work representative of the elements. Be sure to stop by the bulletin board and see the great work!

Hy Vee is no longer sponsoring the 'Cash Back for Students' program so we do not need to collect receipts. Please **DO NOT** send your Hy Vee receipts to school.

We also are no longer collecting Campbell's Soup labels, but we still participate in the Box Tops for Education program sponsored by General Mills. Please save and turn in your Box Tops. An October collection sheet is included with this newsletter. Thank you to Mrs. Burgan and her Altrusa Club for their help in organizing the Box Tops and sending them in!

Our Wish List

Mrs. O'Neil is asking for paper, foam plates and liquid hand soap for the art room.

Ms. H. would like thin, dry-erase markers.

Mrs. Overstreet would appreciate Crayola markers and play-doh.

Ms. DeRocher is asking for snack donations.

Mrs. Behne would like Clorox Wipes.

Ms. Ball would like play-doh.

Mrs. McColloch is requesting Expo Markers.

Mrs. Marshall would like Clorox Wipes, paper plates, napkins.

Ms. Schnitker is asking for Clorox Wipes, hand sanitizer, and 2 bags of bean bag refill.

Kidz Kare is requesting markers and band-aids.

Ms. Straka and the elementary office would like gallon and quart sized zip loc bags.

Mrs. Lynch, our school nurse, is asking for hand sanitizer, hand soap, and Clorox Wipes.

Ms. Baldwin is asking for a Koosh ball and small (3-4 oz) scented candles in jars.

The rosary is prayed each Friday morning in the Elementary Chapel starting at 8:15 before the school mass at 8:45. We offer the rosary each Friday for the needs of the St. Albert School community. Come join us! Rosaries and prayer cards are provided. This month the following classes will be praying the rosary:

October 6th, Mrs. McColloch, Grade 4; October 13th, Ms. Assmann, Grade 3; October 20th—No School; October 27th, Mrs. Stevens, Grade 3.

Reminder -

Breakfast is served in the elementary gym every morning from 7:30—7:50. The cost for breakfast is \$1.60. Reduced price for breakfast is \$.30. Please see the breakfast menu attached to this newsletter.

Fall Conferences are scheduled for Tuesday, Wednesday, and Thursday, October 17th, 18th, and 19th. Please contact your child's teacher if you have not signed up for a conference time yet. No School on Friday, October 20th; Kidz Kare is closed that day as well.

We are entering the time of year when sweaters, sweatshirts, and jackets are needed. Please make sure that your child's name is marked somewhere in the clothing item to make it easier to return if it gets left in the gym, on the playground, on the bus, etc. The last day to wear shorts this fall is Tuesday, October 31st, weather permitting.

Tuesday, October 31st is a play clothes day. The students may wear Black/Orange/Halloween-themed clothing that day. Happy Halloween!

The SKJCCC picture day will be Tuesday, November 7th.

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1</i>	<i>2</i> BMX show 9:00 HS Gym Fundraiser reward from last year	<i>3</i>	<i>4</i> Healthy Walk Dismissal @ 1:10; Faith Journey for faculty	<i>5</i>	<i>6</i> Rosary @ 8:15 elem. Chapel; First Friday Mass @8:45 elem. gym	<i>7</i>
<i>8</i> St. Peter's Oktoberfest	<i>9</i> Fire Safety Presenta- tion	<i>10</i> Ready, Set, Know	<i>11</i> Ready, Set, Know Dismissal @ 1:10; Prof. Devel. For faculty	<i>12</i>	<i>13</i> Rosary @ 8:15 elem. Chapel; Mass @8:45 elem. gym	<i>14</i>
<i>15</i>	<i>16</i>	<i>17</i> Conferences 3:30—7:30	<i>18</i> 1st grade to Rose Theater Dismissal @ 1:10 Conferences 1:30—5:30	<i>19</i> Conferences 3:30—7:30	<i>20</i> NO SCHOOL KIDZ KARE Is CLOSED	<i>21</i>
<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i> Dismissal @ 1:10	<i>26</i>	<i>27</i>	<i>28</i>
<i>29</i>	<i>30</i>	<i>31</i> The students may wear black/orange/ Halloween themed clothes Happy Hal- loween!				

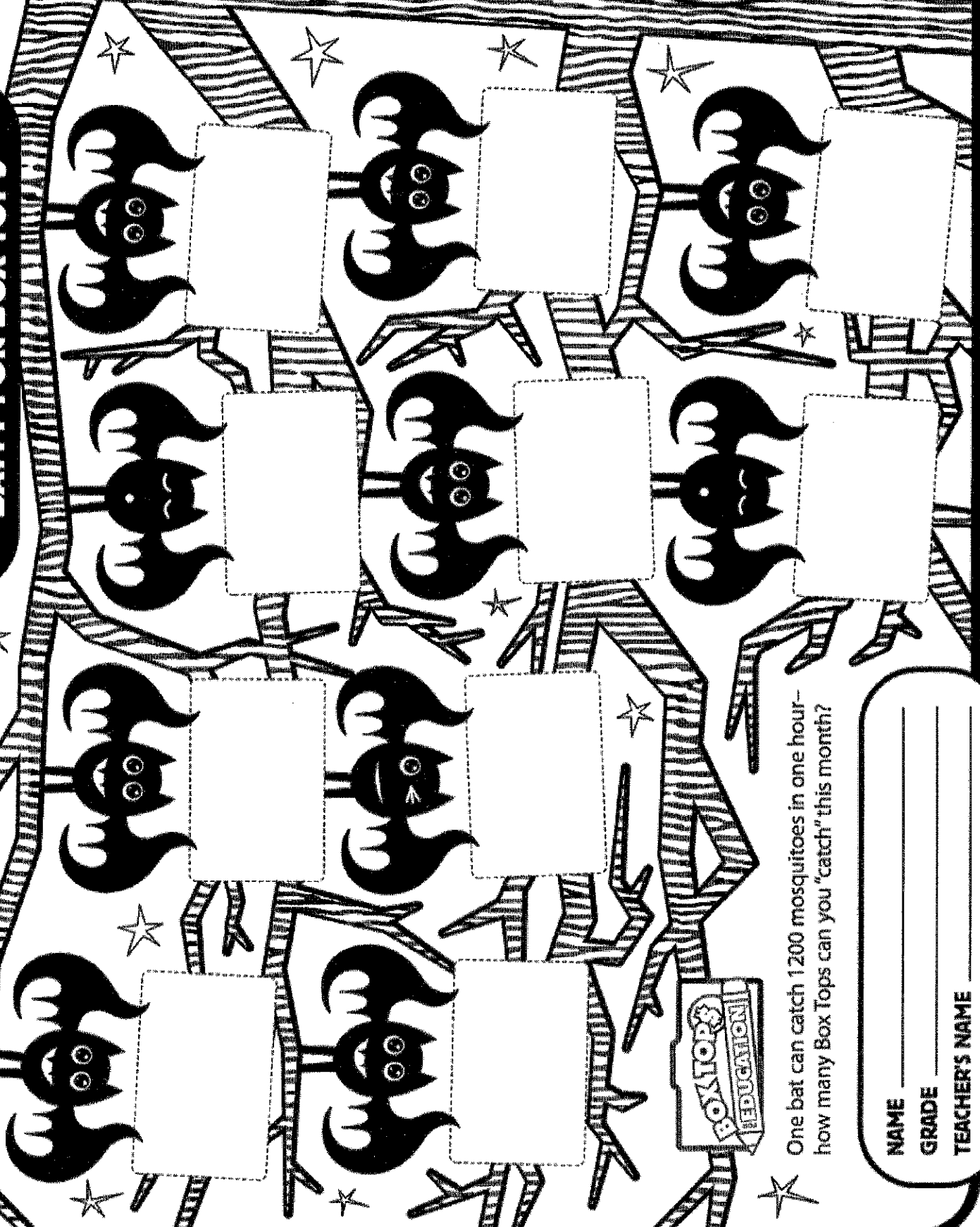
OCTOBER ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Alfredo Steamed Broccoli Garlic Breadstick Peaches	3 Italian Sub Sandwich w/ lettuce, tomato, green pepper, onion Sun Chips Cole Slaw Applesauce	4 Beef Tips White rice Glazed Carrots Dinner Roll Chocolate Chip Cookie	5 Taco Salad w/ Iceberg lettuce, tomatoes, and shred- ded cheese and chicken Sliced Oranges	6 Mac & Cheese Sausage Green Beans Dinner Roll Pineapple
9 Chicken Gyro on Flat Bread w/ tomatoes, cucumbers, red onion, and sauce Greek Lemon Potatoes Cucumber Dill Salad Apples	10 Breakfast at Noon' Omelets w/ Cheese Sausage Hash Browns Applesauce	11 Philly Sanwiches w/ Sauteed peppers, onion, & Mushrooms Doritos Broccoli Salad Ice Cream Bars	12 Cheese Pizza Mix Lettuce Salad w/ Tomatoes/Cucumbers Diced Peaches	13 Beef Stew w/ Warm Banquette Bread Cottage Cheese Pineapple
16 Hot Turkey Sandwich Mash Potatoes Green Beans Casse- role Fresh Apples	17 Pork Chop Au Gratin Potatoes Green Bean Alman- dine Pear Half	18 Home made Chicken Noodle Soup just like Grandma's Italian Bread Mix Green Salad Diced Peaches Cup Cakes	19 Shepard's Pie w/ Ground beef, peas, carrots, and Mash Potatoes Dinner Roll Jell-o Salad Mix Fruit	20 No School
23 Corn Dogs Baked Beans Tatar Tots Fresh Fruit Salad	24 Mandarin Orange Chicken Sugar Snap Peas Stir Fried Rice Sliced Pears Fortune Cookie	25 Chili with Carmel Sticky Cinnamon Rolls Celery & Carrots w/ ranch Peaches	26 Turkey/Bacon Wrap w/ lettuce & Cheese Minestrone Soup Applesauce	27 4th Grade Menu Design Steak Bake Potato Italian Bread Lettuce Salad Apple Crisp
30 Chicken Fried Steak Mash Potatoes White Gravy Roasted Asparagus Pears	31 Spooky Chicken Nug- gets Masquerade Cheddar Spuds Scare crow corn Dirt Pudding And a special Treat	<i>Menu Subject to change without Notice</i>	Additional Milk \$.50	

October Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Company French Toast</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>3 Breakfast Skillet- with potatoes, peppers, onions and sausage. Topped with eggs and cheese, with a side of toast</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or bagel & cream cheese</p>	<p>4 Homemade Blueberry Muffin & Yogurt</p> <p style="text-align: center;">Or</p> <p>Cereal & toast or bagel & cream cheese</p>	<p>5 Bagel Sandwich w/ bacon, eggs, & cheese</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or bagel & cream cheese</p>	<p>6 Breakfast Quesadilla filled with sausage, cheese & salsa</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or bagel & cream cheese</p>
<p>9 Homemade Banana Muffin with Strawberry Yogurt</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or bagel & cream cheese</p>	<p>10 Hot Cream of Wheat with English Muffin</p> <p style="text-align: center;">OR</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>11 Jan's Pancakes</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or bagel & cream cheese</p>	<p>12 Egg Bake with Breakfast Potatoes & Toast or Bagel</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>13 French Toast made with Texas Bread</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>
<p>16 English Muffin Breakfast Sandwich with Sausage, Egg & Cheese</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>17 Hot Oatmeal with Cinnamon Sugar toast</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>18 Breakfast Quesadilla filled with Sausage, Cheese & Salsa</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>19 Cinnamon French Toast</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>20 Yogurt Parfait & granola</p> <p style="text-align: center;">OR</p> <p>Cereal & Toast or Bagel & cream cheese</p>
<p>23 Jan's Pancakes</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & Cream cheese</p>	<p>24 Breakfast Skillet- with potatoes, peppers, onions, topped with eggs & cheese</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>25 Hot Cream of Wheat with an English Muffin and Jam</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>26 Company French Toast</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>27 Bagel Breakfast Sandwich with Sausage, Egg & Cheese</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>
<p>30 Hot Oatmeal with Cinnamon Sugar Toast</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel</p>	<p>31 Egg Bake w/ English Muffin</p> <p style="text-align: center;">Or</p> <p>Cereal & Toast or Bagel & cream cheese</p>	<p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	<p>All Breakfasts Include Fruit, Juice & Milk</p> <p>Extra Milk \$.50 Ala carte items \$.50 Available in MS/HS only</p>	

HALLOWEEN HELPERS ARE BATTY FOR BOX TOPS



One bat can catch 1200 mosquitoes in one hour—
how many Box Tops can you “catch” this month?

NAME _____
GRADE _____
TEACHER'S NAME _____